

# Restaurants Care®

## 1. Spread the word!

(Hint: take this to your pre-shift!)

**Q.** Did you know there's a program that provides help in an emergency just for you?

**A.** Restaurants Care® is a free program for foodservice workers facing an unforeseen hardship. If you are ill, in a natural disaster or accident, or experienced a personal challenge from mental health to substance abuse, you may apply for financial assistance to Restaurants Care. They are a safety net in a time of crisis.

### ♥ How it works

Eligible restaurant workers receive grants to help cover basic living expenses like: rent, food and utilities.

### ♥ Eligibility basics

1. Live in California
2. Experienced a life-altering event
3. Work in food-service in CA at time of crisis

### ♥ How to get help

The application is simple. Apply online at [calrestfoundation.org/restaurantscare](http://calrestfoundation.org/restaurantscare)

## 2. Help us help more people.

- Talk about us (most people don't like it when you talk about them, but we do! Help more food-service workers by talking about our program)
- Refer a restaurant worker in need
- Hang our back-of-house poster in a communication area
- Follow us on social. IG: @restaurants\_care or FB: @restaurantscare
- Donate at [calrestfoundation.org/restaurantscare](http://calrestfoundation.org/restaurantscare) (any amount is welcome!)
- Involved in an event, festival, or tasting? Tell the organizer that you'd like Restaurants Care to be the charitable beneficiary
  - Host an event at your restaurant
  - Tasting event or private party
  - Donate a portion of a menu item
  - Donate a portion of total sales for a day, week, or month!



**RESTAURANTS  
CARE®**

Serving. Supporting. Caring.



**We've got more awesome opportunities cooking.**

Check us out at [calrestfoundation.org/restaurantscare](http://calrestfoundation.org/restaurantscare)