1. Spread the word!

(Hint: take this to your pre-shift!)

Q. Did you know there’s a program that provides help in an emergency just for you?

A. Restaurants Care® is a free program for foodservice workers facing an unforeseen hardship. If you are ill, in a natural disaster or accident, or experienced a personal challenge from mental health to substance abuse, you may apply for financial assistance to Restaurants Care. They are a safety net in a time of crisis.

♥ How it works
Eligible restaurant workers receive grants to help cover basic living expenses like: rent, food and utilities.

♥ Eligibility basics
1. Live in California
2. Experienced a life-altering event
3. Work in food-service in CA at time of crisis

♥ How to get help
The application is simple. Apply online at calrestfoundation.org/restaurantscare

2. Help us help more people.

- Talk about us (most people don’t like it when you talk about them, but we do! Help more food-service workers by talking about our program)
- Refer a restaurant worker in need
- Hang our back-of-house poster in a communication area
- Follow us on social. IG: @restaurants_care or FB: @restaurantscare
- Donate at calrestfoundation.org/restaurantscare (any amount is welcome!)
- Involved in an event, festival, or tasting? Tell the organizer that you’d like Restaurants Care to be the charitable beneficiary
  - Host an event at your restaurant
  - Tasting event or private party
  - Donate a portion of a menu item
  - Donate a portion of total sales for a day, week, or month!