Additional Resources

Mental health + wellness
- I Got Your Back
  gotyourback.info
- Each Mind Matters
  eachmindmatters.org
- The Trevor Project
  thetrevorproject.org
- LivingWorks
  shopusa.livingworks.net
- Sleep and Grief
  sleepadvisor.org/grief-and-sleep/
- National Suicide Prevention Lifeline
  suicidepreventionlifeline.org

Mortgage/rental + utility help
- HUD
  resources.hud.gov/
- California Rental Assistance Programs
  rentalassistance.us/state/california
- Keep Your Home California
  keepyourhomecalifornia.org/
- CARE/FERA Programs
  cpuc.ca.gov/General.aspx?id=976

Disaster relief
- California’s Office of Emergency Management
  www.caloes.ca.gov/
- HUD
  hud.gov/states/california/library/disasterrelief
- American Red Cross
  redcross.org/get-help/disaster-relief-and-recovery-services/find-an-open-shelter.html
- CORE - Relief program for workers with children
  coregives.org/
- Big Table - Relief program in San Diego
  big-table.com/
- United Way
  unitedwaysca.org/resources/other-resources

General/other
- The Salvation Army
  westernusa.salvationarmy.org/
- Unemployment Insurance – California Employment Development Department
  edd.ca.gov/Unemployment/Filing_a_Claim.htm
- CORE - Relief program for workers with children
  coregives.org/
- Big Table - Relief program in San Diego
  big-table.com/
- United Way
  unitedwaysca.org/resources/other-resources

Food
- CA Food Bank
  cafoodbanks.org/find-food-bank
- California Food Pantries
  foodpantries.org/st/california
- Food Banks/CA Dept of Social Services
  cdss.ca.gov/Food-Banks

Additional resources
- Various Links to Helpful Resources
  restaurantscare.org/resources/

Serving those who serve. restaurantscare.org
Questions? Contact us at foundation@calrest.org