

Additional Resources



Mental health + wellness

I Got Your Back
igotyourback.info

Each Mind Matters
eachmindmatters.org

The Trevor Project
thetrevorproject.org/

LivingWorks
shopusa.livingworks.net

Sleep and Grief
sleepadvisor.org/grief-and-sleep/

National Suicide Prevention Lifeline
suicidepreventionlifeline.org/



Mortgage/rental + utility help

HUD
resources.hud.gov/

California Rental Assistance Programs
rentalassistance.us/state/california

Keep Your Home California
keepyourhomecalifornia.org/

CARE/FERA Programs
cpuc.ca.gov/General.aspx?id=976



Disaster relief

**California's Office of
Emergency Management**
www.caloes.ca.gov/

Disaster Assistance
www.disasterassistance.gov/

American Red Cross
redcross.org/get-help/disaster-relief-and-recovery-services/find-an-open-shelter.html

HUD
hud.gov/states/california/library/disasterrelief



General/other

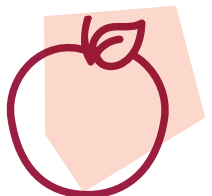
The Salvation Army
[westernusa.salvationarmy.org/
usw_thq/location_search/](http://westernusa.salvationarmy.org/usw_thq/location_search/)

**Unemployment Insurance – California
Employment Development Department**
[edd.ca.gov/Unemployment/
Filing_a_Claim.htm](http://edd.ca.gov/Unemployment/Filing_a_Claim.htm)

CORE - Relief program for workers with children
coregives.org/

Big Table - Relief program in San Diego
big-table.com/

United Way
unitedwaysca.org/resources/other-resources



Food

CA Food Bank
cafoodbanks.org/find-food-bank

California Food Pantries
foodpantries.org/st/california

Food Banks/CA Dept of Social Services
cdss.ca.gov/Food-Banks



Additional resources

Various Links to Helpful Resources
restaurantscare.org/resources/

